

The Four Freedoms

In an empowering environment, everyone has the following freedoms:

1. You have the freedom to talk about the way *you* see things, rather than the way others want you to see.
2. You have the freedom to ask about anything puzzling.
3. You have the freedom to talk about whatever is coming up for you.
4. You have the freedom to say that you don't really feel you have one or more of the preceding three freedoms.

These four freedoms are deceptively simple but effective. It is our hope that this conference will provide you with such an empowering environment. You can help us by exercising your four freedoms while we are together.